



BASIC NEEDS CARD SERVICES

Fifth St Renaissance

1315 N. Fifth St.
217-544-5040
Operates a homelessness prevention program and offers additional services.

Heartland HOUSED Housing Helpline

217-803-5235
Provides assistance navigating available resources.
Hours 9 AM to 4 PM
Monday to Friday.

CALL 211

Crisis, Information, and Referral Workers can be reached 24 hours a day, 7 days a week, 365 days per year by calling United Way 2-1-1 or texting TXT211 (898211).

VETERAN SERVICES

Supportive Services for Veteran Families

Housing stability program for low income Veteran Families.
Call 217-525-2196

Veteran Assistance Commission

Emergency financial assistance, filing for VA benefits, bus tokens, transportation to VA hospital and clinic
Call 217-753-6680

EMERGENCY SHELTERS

Contact Ministries

1100 E. Adams St;
(217) 753-3939
Women and women w/ children only. ID required, includes dinner, breakfast, shower, and laundry.

Helping Hands of Springfield

2200 Shale St;
(217) 522-0048
Adults 18+
ID Required, Includes meals, access to shower and laundry services.

Sojourn Shelter & Services

1800 Westchester Blvd;
(217) 726-5100
Shelter, 24-Hour Crisis Hotline, Counseling, Court Advocacy, Legal Services, Food, Transportation and Various Supportive Services for Domestic Violence Survivors.

HEALTH SERVICES

Memorial Behavioral Health

710 N. Eighth St. Call 988 for suicide or mental health crisis support
Main Line: (217) 525-1064
Crisis Response: (217) 788-7070
Mon-Fri: 10:30 a.m. to 6:30 p.m.
Walk-in Services

Gateway Foundation

Alcohol and drug treatment programs. Withdrawal management services.
217-529-9266

Family Guidance Center

Substance use treatment, medication-assisted treatment. Residential and out patient.
217-544-9858.

Central Counties Health Centers

2239 East Cook. 217-788-2300
Primary and preventative medical and dental services. Telehealth services available. Walk-in Clinic at Helping Hands on M,Th,Fr 8:30-4:30, Tu 8-12



**Heartland
HOUSED**

Youth Service Bureau

2901 Normandy Rd;
(217) 529-8300
Youth services, ages 11-24. 24-hour crisis intervention, shelter care, emergency placement and additional services for youth.

**For additional resources please visit
heartlandhoused.org or scan the QR code below**



SIU Center for Healthy Aging and Wellness

319 E. Madison. 217-545-4781
Medication-Assisted recovery, medical appointments, behavioral therapy, additional treatment options based on patient's needs

MEALS

St. John's Breadline

430 N. 5th St; (217) 528-6098
Breakfast 8-9AM (M-F)
Lunch 10:30AM - 1:30 PM Every day

Washington St Mission

408 N. 4th St; (217) 544-9011
7:30-10:30 AM, 12:30-3:30PM (M-F)
Indoor seating area (with coffee) available, laundry and showers available (sign up during coffee hours).